

“THOUGHTFUL HEART”
Mixed Media Tutorial – Deanna Strachan
Supply List



These are two samples of my “Thoughtful Hearts”. The one on the left is the one I will be demonstrating during the video and the supplies I used are listed below.

The one on the right is simply to show you another way of customizing this using a different color palette. The palette on the right was with Bright Aqua Green, Crimson Red, White and Black.

8” X 8” heavy duty gallery wrapped canvas

Heart shape cut-out on card stock, cardboard or other heavy weight paper

Paint

Liquitex Basics – Titanium White

Liquitex Basics – Bright Aqua Green

Grumbacher Academy – Mars Black

Grumbacher Academy – Violet Thio

Grumbacher Academy – Yellow Ochre Light Hue

Other Supplies

Sponge

Various papers for collage

Mod Podge or other matte medium for collage

Stencil shapes – diamonds used here

Scraper or old credit/gift card for scraping

Plastic bottle cap or similar to make circles

Paint brush – filbert size 4 used here

White Gelli Roll pen or Posca Pen

Charcoal OR Black Water Color pencil OR Black oil pastel crayon

Heat gun or hair dryer

Your choice: Whatever you want to use to customize your painting.

Words / saying / poem cut out from a book

Rub – ons

Rubber stamps

Wood cut outs